

PATIENT DEMOGRAPHIC INFORMATION / DAYTON PAIN CENTER, LLC. / WRIGHT PATH RECOVERY

Patient Name: _____ SSN#: _____ - _____ - _____ DOB: ____/____/19____

Sex: M / F Address: _____ City: _____ OH Zip: _____

Home Tel #: _____ Work Tel #: _____ Cell Tel #: _____

E Mail : _____ Profession: _____

Employer/Address: _____ City: _____ State: _____ Zip: _____

Marital Status: Single / Married / Widowed Family Doctor: _____ Tel # _____ Fax _____

Spouse's Name: _____ Spouse's SSN#: ____/____/____

Spouse's Employer: _____ Spouse's Employer Tel #: _____

Spouse's Emp. Address: _____ City: _____ OH Zip: _____

Who may we thank for referring you to us: _____ Tel #: _____

Referring Physician Name: _____ Tel #: _____ Fax # _____

Ref Physician Address: _____ City: _____ OH Zip: _____

Reason for Referral: _____

In case of emergency who may we contact: _____ Tel # _____

Is this visit due to injury: Yes / No Type of injury: Auto / BWC _____

Nearest relative not living with you: _____ Tel # _____

Nearest friend not living with you: _____ Tel # _____

Landlord Name: _____ Tel # _____

INSURANCE INFORMATION Financial Responsible party for billing _____

Insurance Name: _____ Policy # _____ Group # _____ ID # _____

Address: _____ City: _____ State: _____ Zip: _____

Tel # _____ Insured Name: _____ SS# _____

Secondary Insurance: _____ Policy # _____ Group # _____ ID # _____

Address: _____ City: _____ State: _____ Zip: _____

Tel # _____ Insured Name : _____ SS # _____

Workers Compensation: Company: _____ Address: _____

Telephone # _____ Claim # _____ Date Of Injury: ____/____/____ Case worker _____

AUTHORIZATION: I hereby authorize DAYTON PAIN CENTER, LLC. to release any information concerning my illness and treatments and that of my dependents. I also authorize payment of medical benefits of DPC for services rendered. I understand and agree (regardless of my status) that I am ultimately responsible for the balance of my account for any professional services rendered. I have read all the information on this sheet and have completed all the answers. I CERTIFY this information is true and correct to the best of my knowledge. I will notify any changes in my status or the above information

Responsible party Signature: _____ Date: ____/____/2017

Patient's Rights

Patient Name _____ Date _____ / _____ /2017

1. The right to be treated with consideration and respect for personal dignity, autonomy and privacy;
2. The right to reasonable protection from physical, sexual or emotional abuse and inhumane treatment;
3. The right to receive services in the least restrictive, feasible environment;
4. The right to participate in any appropriate and available service that is consistent with an individual service plan (ISP), regardless of the refusal of any other service, unless that service is a necessity for clear treatment reasons and requires the person's participation;
5. The right to give informed consent to or to refuse any service, treatment or therapy, including medication absent an emergency;
6. The right to participate in the development, review and revision of one's own individualized treatment plan and receive a copy of it;
7. The right to freedom from unnecessary or excessive medication, and to be free from restraint or seclusion unless there is immediate risk of physical harm to self or others;
8. The right to be informed and the right to refuse any unusual or hazardous treatment procedures;
9. The right to be advised and the right to refuse observation by others and by techniques such as one-way vision mirrors, tape recorders, video recorders, television, movies, photographs or other audio and visual technology. This right does not prohibit an agency from using closed-circuit monitoring to observe seclusion rooms or common areas, which does not include bathrooms or sleeping areas;
10. The right to confidentiality of communications and personal identifying information within the limitations and requirements for disclosure of client information under state and federal laws and regulations;
11. The right to have access to one's own client record unless access to certain information is restricted for clear treatment reasons. If access is restricted, the treatment plan shall include the reason for the restriction, a goal to remove the restriction, and the treatment being offered to remove the restriction;
12. The right to be informed a reasonable amount of time in advance of the reason for terminating participation in a service, and to be provided a referral, unless the service is unavailable or not necessary;
13. The right to be informed of the reason for denial of a service;
14. The right not to be discriminated against for receiving services on the basis of race, ethnicity, age, color, religion, gender, national origin, sexual orientation, physical or mental handicap, developmental disability, genetic information, human immunodeficiency virus status, or in any manner prohibited by local, state or federal laws;
15. The right to know the cost of services;
16. The right to be verbally informed of all client rights, and to receive a written copy upon request;
17. The right to exercise one's own rights without reprisal, except that no right extends so far as to supersede health and safety considerations;
18. The right to file a grievance;
19. The right to have oral and written instructions concerning the procedure for filing a grievance, and to assistance in filing a grievance if requested;
20. The right to be informed of one's own condition; and,
21. The right to consult with an independent treatment specialist or legal counsel at one's own expense.

Provisions of client rights;

1. Wright Path Recovery will explain and maintain documentation in the clients' record regarding the explanation of rights to each person served prior to or beginning assessment of treatment services.
2. In a crisis or emergency, the client will be given verbal pertinent rights such as consent to treat, right to refuse treatment and consequences of that consent or refusal. Full clients' rights will be provided at subsequent, non-emergent meetings.
3. Clients or recipients of information and referral services, consultation services, mental health education service, and prevention service will be provided a copy of the client rights policy upon request.
4. Explanation of rights will be in a manner appropriate for the person's understanding.

Patient's Signature

Drs. S. Erragolla, B. Reddy, L. Mathai., S. Singh, D. McClure, S. Mathai, J. Gouda, I. Reddy
Dr. Vrajlal Chauhan, PhD, LPCC, Jennifer Walters, R. Young, Sophie

Krishna B. Reddy , MD., S. Erragolla, MD; L. Mathai, MD; J. Gouda, MD; D. McClure, MD; S. Singh, MD S. Mathai. MD.,
Vraj Chauhan, PhD, LPCC., Jennifer Walter, LISW.S., Randy Young, LCDC III., C. Cantelupe, CDCA II.,
Wright path Recovery/ Dayton Pain Center

PATIENT TREATMENT CONSENT FOR SUBSTANCE USE DISORDERS

We the physicians/Counselors at Dayton Pain Center which include Dr. Srinivas Erragolla, Dr. Krishna B. Reddy, Dr. Lita Mathai, Dr. Jan Gouda, Dr. Dennis McClure, Dr. Steven Mathai, Dr. Simer Singh, and Dr. I. Reddy will be providing the care. You will also be seen by the counselors under the leadership of Dr. Vraj Chauhan, which include Randy Young and Carrissa Guadeloupe. We would like you to be familiar with the following procedures, confidentiality laws, precautions, rights and responsibilities as well as safety instructions:

1. **Expectations:** Just like you expect us provide care during your recovery we expect you to abide by the policies and procedures for safe recovery.
2. **Dress code:** You should be dressed appropriately when you come to see your physician at the Dayton Pain Center.
3. **Conversations:** We would like you to minimize the conversations with other patients only to the non-medical and non-medications topics.
4. **Pill counts:** Periodically you may be called to ensure proper utilization and use of prescribed medications. Failure to respond to the pill count can potentially result in serious consequences including discharge.
5. **Urine Drug Screen:** Drug testing is a part of recovery program not necessarily to punish but to assure that the medication is taken in a proper fashion according to the prescription and instructions.
6. **Drug & Metabolite:** It is absolutely necessary to see the medication and break down products in your urine before any prescription can be issued. This is also a requirement for the insurance authorization.
7. **Adulteration:** Adulteration of the urine specimen and the lack of medication in the urine specimens as well as the lack of metabolites can lead to serious consequences including discharge.
8. **Federal Confidentiality:** We would like to maintain confidentiality of your illness with the exception of child abuse, communicable diseases, requiring attention and treatment, and any violence or misbehavior in the premises.
9. **Primary Care:** Every patient need to have a primary care provider once they are enrolled in our program in order to receive treatment at our facility.
10. **Medication education** will be provided through your physician/counselor. In order to assure proper concentration of the medication and proper level of medication in your blood, the medication has to be taken exactly as prescribed. Failure to do so can result in the reduced levels in your urine or lack of levels of medications in your urine leading to serious consequences.
11. **Attendance** at NA or AA or other 12-step group meetings is essential along with the sponsor. Please provide us with the place of 12-step meeting as well as the name of the sponsor and your sponsor's telephone number.
12. **Information:** Update the personal information, which does include most current telephone number, address, and the latest insurance information. This is necessary for mediation authorization, calling for pill counts & schedule changes due to physicians going on vacations.
13. **Evaluation & Frequency:** Initially you will be evaluated more frequently by the counselors to assess the stages of your change, severity of illness, and your recovery attitude. This will help your MD to determine the type of treatment and the level of care you will need. This may take roughly five to six sessions which means that you will be asked to come to our clinic at a minimum of thrice a week for three weeks. Following this you will be seen once a week. We would like you to come down to one Buprenorphine 8 mg before consideration is given for Bi-Weekly Office Visits.
14. **Personal Information:** We would like you to keep your medical information personal and would request you not to divulge about your prescriptions or your other medical conditions with other patients.
15. **Risk of serious side effects:** of slow shallow breathing, drowsiness, arrest or cessation of breathing, can result with the combination of buprenorphine with the illicit usage of other substances like benzodiazepines (Xanax, Valium, Ativan, and Klonopin).
16. **Surgery/other Painful conditions:** If you require any surgery by any other doctor/dentist, please inform your provider of the medications and type of treatment you are undergoing through our office so that their own prescription would not create side effects or serious withdrawal reactions. Most of the minor surgeries do not require additional medications as the Buprenorphine it by self is 8 times stronger than morphine for pain relief. Please inform your provider or call and inform the MA staff so that you will not be in violation of the rules as any other prescriptions with-out proper authorizations are considered illegal that can result in dismissal.
17. **Appointments:** It is important to keep your appointment as **your provider is the only provider who can give you the Suboxone** and other providers will not give you any prescriptions due to the limitations of the number of patients each provider can treat. Each MD sees their suboxone patients on a designated day and time. Some days your MD may be working in our other offices and may not be available.
18. **Most Dangerous Period:** Relapse following a period of abstinence from drug use results in death due to loss of tolerance. Use of medication and slow titration over long period with change in life style prevent this danger.

Patient Intake OUD History

Patient Name: _____ Date: _____/_____/2017

Family Physician: _____ Date of Last Physical: _____/_____/201

What is your transportation to the office: Car / Insurance Taxi / Family, Friends / Car pooling / Bus Transportation

Current or past Medical / Dental Hx (Check all that apply): Asthma Hypertension Pancreatic Problems Thyroid

Hepatitis GI Disease Head Trauma Diabetes HIV/ AIDS Abnormal Pap smear Anemia Heart Epilepsy

Sexual Transmitted Burn Injuries Rheumatological conditions Neuropathy Hepatitis C Dental problems

History of automobile accidents? None Major accidents Thunder benders _____

History of Head Trauma: None Yes _____

Physical disabilities: Back Lung Heart Trauma HIV Hepatitis Morbid Obesity Gastric bypass _____

Your current problem?(Drug): _____

Precipitating initial cause? drug availability Teen age adventure Bad company Family usage Lack of parental control

Anxiety / Depression Peer substance use Spousal / other half drug use Chronic Pain Unresolved Medical conditions

First use of smoking MRJ alcohol drugs (Age): _____

When did it become a regular Habit? _____

Family & significant other History of addiction: _____

Family / significant other Mental history: _____

Family Medical History: Diabetes Cancer Heart Dis COPD Kidney Other _____

Early childhood growth precipitating factors: Child abuse family dysfunction working parents Family drug use

Early onset of mood, anxiety or ADD & their treatment with medications? No Yes physical abuse Divorced parents

Emotional abuse Single parent Poor Neighborhood Prenatal drug exposure _____

Medications include the Over the counter (OTC) & Energy drinks (ED):

Drug	Current dose	Duration	Drug	Current dose	Duration
OTC			ED		

Allergies(Medications, Food, Environmental, Latex) & what kind of reaction?

Medication/Allergen	Drug, Food, Environmental, Latex	What kind of reaction you have?
Drug		<input type="checkbox"/> None <input type="checkbox"/> Rash <input type="checkbox"/> Vomiting <input type="checkbox"/> Itching
Drug & Drugs		<input type="checkbox"/> None <input type="checkbox"/> Rash <input type="checkbox"/> Nausea <input type="checkbox"/> Itching
Environmental(Dust, Pollen)		<input type="checkbox"/> None <input type="checkbox"/>
Food & Foods		<input type="checkbox"/> None <input type="checkbox"/>
Latex		<input type="checkbox"/> None <input type="checkbox"/>

Drug or Alcohol treatment (IP & OP) Name, City & year: _____

Why Relapse / Reason for Failure: _____

Surgical History? None Back Knee Hernia Gall bladder Multiple Gyn procedures Gastric Bypass Shoulder Hip

Ethnic Cultural influences: None _____

Have you been diagnosed with a psychiatric or mental illness (Include the Medications)? Bipolar Anxiety PTSD Panic

Depression ADHD Panic _____

Psychiatric Meds Rx: _____

Previous Treatments, Hospitalization, recovery centers (Names): _____

Psychiatrist / MD: None Name _____ Phone # _____ Fax # _____

Any thoughts of Self Harm Suicide thoughts Ideation Harming others Intent with out plan Attempt with Plan _____

Marriage/Spouse/Partner? Married Single Separated Divorced Pending in the court Trying to work out _____

Children/Sex/Ages any addiction in them? _____

Sexual Orientation: Hetero Homo Bisexual Partners Name _____

Sexual Practice: Loss of Interest Safe Sex Random Impulsive Monogamous Condom Use Birth control Pills/Vasectomy

Separation from Partner Single Divorce Selling sex for Drugs Contacting Sexually Transmitted Diseases _____

Indication of Sexual Abuse & Neglect? None Raped Abusive Partner Domestic Violence _____

Maladaptive Problem Behavior: None Self Harm Aggressive Behavior Attention Seeking Tantrum Behavior _____

Have You ever Overdosed (How many times): _____

Do have a sponsor? (Name & Tel No): _____

Do you go to the Group Meetings, Where, How often: _____

Your Longest Period of Abstinence: _____

Religion/Spirituality: Non-Believer Believer Religion None Christian Baptist Methodist Lutheran Pentecostal Catholic

Are you going to use your faith to overcome addiction: No Yes How or Why not? _____

Strengths & Assets: Family Spousal support Job Income Transportation Place to live Determined honest commitment

Weakness & limitation: Transportation Housing Lack of skills Environment Family Cannot commit No Support

Age & Illicit Substance use sequence: _____

Substance Use History	No	Yes / Past / Now	IV / Snorting / Oral	How Much	How Often	Quantity Last Used
Smoking /Nicotine	No	Yes / Past / Now	Inh / Snuff /Chew			
Alcohol	No	Yes / Past / Now	IV / Snorting / Oral			
Marijuana	No	Yes / Past / Now	IV / Snorting / Oral			
Inhalants	No	Yes / Past / Now	IV / Snorting / Oral			
Pain Pills/Methadone	No	Yes / Past / Now	IV / Snorting / Oral			
LSD/Hallucinogens	No	Yes / Past / Now	IV / Snorting / Oral			
Cocaine	No	Yes / Past / Now	IV / Snorting / Oral			
Heroin	No	Yes / Past / Now	IV / Snorting / Oral			
Stimulants	No	Yes / Past / Now	IV / Snorting / Oral			
Tranquilizers	No	Yes / Past / Now	IV / Snorting / Oral			

Sleeping pills	No	Yes / Past / Now	IV / Snorting / Oral			
Crystal Meth	No	Yes / Past / Now	IV / Snorting / Oral			
Ecstasy	No	Yes / Past / Now	IV / Snorting / Oral			
Adderall/Ritalin	No	Yes / Past / Now	IV / Snorting / Oral			
Bath Salts	No	Yes / Past / Now	IV / Snorting / Oral			

Social Problems: None Loss of friends Strained family relationship Lacks support from partner Lack of social skills Isolation

Leisure & Recreation: None Minimal Work Family care Sports Movies Gardening Drug procuring Other_____

Educational History: High School Drop-out Diploma GED Tech School Some College

Current Employer (Name address): _____

Prior work History (Where How long, reason to quit): _____

What effect drugs played with work? _____

Financial Status: State assistance Waitress Painting House-keeping Labor Office Work _____

Monthly Income? _____ Work Shift: 7-3 3-11 11-7 Ability to come for Rx? _____

Military Service? Yes No Branch _____ How Long? _____ Yrs Discharged Honorable Dishonorable _____

Legal History Pending Charges & Parole/Probation Status: None Yes DWI Domestic Violence Drug related

If Yes Parole officer name, Court, Fax # & Phone # _____

History of Jail or Prison & Offense: _____

Other Legal Assessment: Children's Services Child support Enforcement Restriction of Movement _____

How did Addiction Affect Legal issues? Selling of Drugs Stealing to maintain drugs _____

Did you try to stop using drugs on your own & How long? No Yes ___Months _____

What type of treatment worked best for you? _____

Do you believe in higher spirit/God/Power / Faith higher than you & will seek such help: No Yes _____

Will you seek help from Priest / Rabi / Church / God / Higher spirit? No Yes _____

Are committed not to provide the urine samples with-out tampering? No Yes _____

Are you committed to keep your medications safe with-out loosing and safely away from children? No Yes _____

Vocational Assessment: Looking for a job Looking for a place to live Trying to improve the skills Trying to improve lost relationship

Living arrangement Home & Financial management

Response to previous treatments? No previous treatments Good Response

Patients signature

S. Erragolla/B. Reddy/L. Mathai/S. Singh/J. Gouda/S. Mathai/D. McClure
Jason/Cuck/Darsey/Annette/Ramsey/Annette/

**BRIEF MICHIGAN ALCOHOL SCREENING TEST
(MAST)**

Patient Name: _____ Date: _____/_____/2017

	YES	NO	POINTS
1. Do you feel you are a normal drinker? *	YES	NO	2
2. Do friends or relatives think you are a normal drinker ?*	YES	NO	2
3. Have you ever attended a meeting of Alcoholics Anonymous?	YES	NO	2
4. Have you ever lost friends or girlfriends/boyfriends because of drinking?	YES	NO	2
5. Have you ever gotten into trouble at work because of drinking?	YES	NO	2
6. Have you ever neglected your obligations, your family, or your work for 2 or more days in a row because you were drinking?	YES	NO	2
7. Have you ever had delirium tremens (DTs), severe shaking, heard voices, seen things that weren't there after heavy drinking	YES	NO	2
8. Have you ever gone to anyone for help about your drinking?	YES	NO	2
9. Have you ever been in a hospital because of drinking?	YES	NO	5
10. Have you ever been arrested for drunk driving or driving after drinking?	YES	NO	5
TOTAL SCORE			

Negative responses are alcoholic responses.

Scoring

- < 3 points, nonalcoholic
- 4 points, suggestive of alcoholism
- 5 or more, indicates alcoholism

1. Selzer ML. The Michigan Alcoholism Screening Test: The quest for a new diagnostic instrument. *American Journal of Psychiatry* 27(12): 1653-1658, 1971. 2. Pokorny AD; Miller BA; Kaplan HB. The Brief MAST: A shortened version of the Michigan Alcoholism Screening Test. *American Journal of Psychiatry* 129(3): 342-345, 1972.

DRUG ABUSE SCREENING TEST (DAST)

Patient Name: _____ Date: _____/_____/2017

	Yes	No
1. Have you used drugs other than those required for medical reasons?	Yes	No
2. Have you misused prescription drugs?	Yes	No
3. Do you misuse more than one drug at a time?	Yes	No
4. Can you get through the week without using drugs (other than those required for medical reasons ?	Yes	No
5. Are you always able to stop using drugs when you want to?	Yes	No
6. Do you misuse drugs on a continuous basis?	Yes	No
7. Do you try to limit your drug use to certain situations?	Yes	No
8. Have you had "blackouts" or "flashbacks" as a result of drug use?	Yes	No
9. Do you ever feel bad about your drug misuse?	Yes	No
10. Does your spouse (or parents) ever complain about your involvement with drugs?	Yes	No
11. Do your friends or relatives know or suspect you misuse drugs	Yes	No
12. Has drug misuse ever created problems between you and your spouse?	Yes	No
13. Has any family member ever sought help for problems related to your drug use?	Yes	No

Have you Ever:

	Yes	No
15. Neglected your family or missed work because of your use of drugs?	Yes	No
16. Been in trouble at work because of drug misuse?	Yes	No
17. Lost a job because of drug misuse?	Yes	No
18. Gotten into fights when under the influence of drugs?	Yes	No
19. Been arrested because of unusual behavior while under the influence of drugs?	Yes	No
20. Been arrested for driving while under the influence of drugs?	Yes	No
21. Engaged in illegal activities to obtain drugs?	Yes	No
22. Been arrested for possession of illegal drugs?	Yes	No
23. Experienced withdrawal symptoms as a result of heavy drug intake?	Yes	No
24. Had medical problems as a result of your drug use (eg, memory loss, hepatitis, convulsions, bleeding	Yes	No
25. Gone to anyone for help for a drug problem?	Yes	No
26. Been in hospital for medical problems related to your drug use?	Yes	No
27. Been involved in a treatment program specifically related to drug use?	Yes	No
28. Been treated as an outpatient for problems related to drug dependence or misuse	Yes	No

Scoring: Each positive response yields 1 point, except for questions 4, 5, and 7 which yield 1 point for a negative response or false direction.

A score greater than 5 requires further evaluation for substance misuse problems.

Skinner HA. The Drug Abuse Screening Test. *Addictive Behavior* 7(4): 363-371, 1982.

Patient Name: _____ Date: _____/_____/2017

DSM-V CRITERIA FOR OPIOID DEPENDENCE DIAGNOSIS: WORK SHEET

Diagnostic Criteria* (Dependence requires meeting 3 or more criteria)	Meets criteria		Notes/supporting information
	Yes	No	
(1) **Tolerance , as defined by either of the following:			
(a) Need higher dose over time to achieve desired effect or intoxication	Yes	No	
(b) Markedly diminished effect with time			
(2) **Withdrawal , as manifested by either of the following:	Yes	No	
(a) the characteristic withdrawal syndrome			
(b) Opioids used to avoid withdrawal symptoms	Yes	No	
(3) Opioids are often taken in larger amounts or over longer period of time than intended.			
(4) There is a persistent desire or unsuccessful efforts to cut down or control opioid, use.	Yes	No	
(5) A great deal of time is spent in activities necessary to obtain the opioid , use the opioid, or recover from its effects.	Yes	No	
(6) Craving , or strong desire to use opioids	Yes	No	
(7) Recurrent opioid use resulting in failure to fulfill major role obligations at work, school or home			
(8) Continued opioid use despite having persistent or recurrent social or interpersonal problems caused or exacerbated by the effects of opioids	Yes	No	
(9) Important social, occupational or recreational activities are given up or reduced because of opioid use.	Yes	No	
(10) Recurrent opioid use in situations in which it is physically hazardous	Yes	No	
(11) Continued use despite knowledge of having a persistent or recurrent physical or psychological problem that is likely to have been caused or exacerbated by opioids	Yes	No	
Total Score			

** This criteria is not considered to be met for those individuals taking opioids solely under appropriate medical supervision

Becks Anxiety Inventory (BAI)

Patients Name: _____ Date: _____/_____/2017

Below is a list of common symptoms of anxiety. Please carefully read each item in the list. Indicate how much you have been bothered by each symptom during the PAST WEEK, INCLUDING TO DAY. by circling the number in the corresponding space in the column next to each symptom.

	Not At All	Mildly It did not bother me much	Moderately it was very unpleasant but I could stand it	Severely I could barely stand it
1. Numbness or tingling	0	1	2	3
2. Feeling Hot	0	1	2	3
3. Wobbliness of Legs	0	1	2	3
4. Unable to relax	0	1	2	3
5. Fear of the worst happening	0	1	2	3
6. Dizzy or lightheaded	0	1	2	3
7. Heart pounding or racing	0	1	2	3
8. Unsteady	0	1	2	3
9. Terrified	0	1	2	3
10. Nervous	0	1	2	3
11. Feeling pf chocking.	0	1	2	3
12. Hands trembling	0	1	2	3
13. Shaky	0	1	2	3
14. Fear of losing control	0	1	2	3
15. Difficulty breathing	0	1	2	3
16. Fear of Dying	0	1	2	3
17. Scared	0	1	2	3
18. Indigestion or discomfort in abdomen	0	1	2	3
19. Faint	0	1	2	3
20. Face Flushed	0	1	2	3
21. Sweating (Not due to heat)	0	1	2	3
Total Each column	0			
Total of all columns				

Low Anxiety: 1-21 Moderate Anxiety: 22-35 High Anxiety: 36 or above

Patient Health Questionnaire (PHQ-9) (Depression)

Patients Name: _____ Date: _____/_____/2017

Over the last 2 weeks how often you have been bothered by any of the following problems?	Not at all (0)	Several Days(1)	More than half the days (2)	Nearly Every Day(3)
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling / staying asleep, sleep too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself or that you are a failure or have let yourself or your family	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching the television	0	1	2	3
8. Moving or speaking so slowly that other people could have notified. Or the opposite, being so fidgety or restless that you have been moving around a lot more than usual.	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way.	0	1	2	3
	Not difficult at all	Some what difficult	Very difficult	Extremely difficult
10. If you checked off any problem on this questionnaire so far, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?	0	1	2	3
Total Score Each Column	0			
Total of All Columns				

Mild: 5-9 Moderate: 10-14(Support) Moderately Sever: 15-19 (Antidepressant or Psychotherapy) Severe: 20 + (Antidepressant + Psychotherapy)

Stages of Change Readiness and Treatment Eagerness Scale (SOCRATES 8D)

Patient Name: _____ Date: _____/_____/2017

INSTRUCTIONS: Please read the following statements carefully. Each one describes a way that you might (or might not) feel about your drug use. For each statement, circle one number from 1 to 5, to indicate how much you agree or disagree with it right now. Please circle one and only one number for every statement.

	No Strongly Disagree	No, I Disagree	Undecided or Unsure	Yes Agree	Yes, I Strongly agree
1. I really want to make changes in my use of drugs.	1	2	3	4	5
3. If I don't change my drug use soon, my problems are going to get worse.	1	2	3	4	5
7. I have a drug problem.	1	2	3	4	5
10. I have serious problems with drugs.	1	2	3	4	5
12. My drug use is causing a lot of harm.	1	2	3	4	5
15. I know that I have a drug problem.	1	2	3	4	5
17. I am a drug addict.	1	2	3	4	5
Total the above Columns (1+3+7+10+12+15+17) Recognition					
2. Sometimes I wonder if I am an addict.	1	2	3	4	5
6. Sometimes I wonder if my drug use is hurting other people.	1	2	3	4	5
11. Sometimes I wonder if I am in control of my drug use.	1	2	3	4	5
16. There are times when I wonder if I use drugs too much.	1	2	3	4	5
Total the above Columns (2+6+11+16) Ambivalence					
4. I have already started making some changes in my use of drugs.	1	2	3	4	5
5. I was using drugs too much at one time, but I've managed to change	1	2	3	4	5
8. I'm not just thinking about changing my drug use, I'm already doing something about it.	1	2	3	4	5
9. I have already changed my drug use, and I am looking for ways to keep from slipping back to my old pattern	1	2	3	4	5
13. I am actively doing things now to cut down or stop my use of drugs	1	2	3	4	5
14. I want help to keep from going back to the drug problems that I had before	1	2	3	4	5
18. I am working hard to change my drug use	1	2	3	4	5
19. I have made some changes in my drug use, and I want some help to keep from going back to the way I used before.	1	2	3	4	5
Total the above columns (4+5+8+9+13+14+14+18+19) Taking Steps					

Recognition: _____ Ambivalence: _____ Taking Steps: _____

High Scores above 30: Recognition, Desire to change & perceive harm if they do not change.

High Scores above 15: Ambivalence or uncertainty with openness to reflection

High Scores above 30: Taking Steps, change is underway & may want help to prevent backsliding. Real high score predictive of successful change

URICA: University of Rhode Island Change Assessment (Stage of Change)

Please indicate the extent to which you tend to agree or disagree with each statement. In each case, make your choice in terms of how you feel right now, not what you have felt in the past or would like to feel. For all the statements, answer in terms of what you write on the "Habit / Study Problem" line below. There are FIVE possible responses to each of the items in the questionnaire:

Habit/Study Problem: 1 = Strongly Disagree 2 = Disagree 3 = Undecided 4 = Agree 5 = Strongly Agree

Patient Name: _____ Date: _____/_____/2017

Habit / Study / Problem	Place the Number 1-5 You agree				
	1	2	3	4	5
1. As far as I'm concerned, I don't have any habits that need changing.	1	2	3	4	5
5. I don't have a problem with organizing my time or studying. It doesn't make much sense for me to be here.	1	2	3	4	5
11. Being here is pretty much a waste of time for me because the problem doesn't have to do with me.	1	2	3	4	5
13. I guess I have faults, but there's nothing that I really need to change.	1	2	3	4	5
23. I may be part of the problem, but I don't really think I am.	1	2	3	4	5
26. All this talk about learning styles and how to study in medical school is boring.	1	2	3	4	5
29. I have worries/bad habits but so does the next guy. Why spend time thinking about them?	1	2	3	4	5
31. I would rather keep doing what I am doing than try to change them.	1	2	3	4	5
Total Each column(1+5+11+13+23+26+29+31+) (Add) Pre-contemplation(PC)					
2. I think I might be ready for some self-improvement.	1	2	3	4	5
4. It might be worthwhile to work on my problem.	1	2	3	4	5
8. I've been thinking that I might want to change something about myself.	1	2	3	4	5
12. I'm hoping talking about changing my study skills will help me to better understand myself.	1	2	3	4	5
15. I have a problem and I really think I should work at it.	1	2	3	4	5
19. I wish I had more ideas on how to solve the problem.	1	2	3	4	5
21. Seeing a learning specialist may be a help to me.	1	2	3	4	5
24. I hope that someone here will have some good advice for me.	1	2	3	4	5
Total of (2+4+8+12+15+19+21+24)Add in each column Contemplation(C)					
3. I am doing something about the problems/habits that had been bothering me.	1	2	3	4	5
7. I am finally doing some work on my problem.	1	2	3	4	5
10. At times my problem is difficult, but I'm working on it.	1	2	3	4	5
14. I am really working hard to change.	1	2	3	4	5
17. Even though I'm not always successful in changing, I am at least working on my problem.	1	2	3	4	5
20. I have started working on my problems but I would like help	1	2	3	4	5
25. Anyone can talk about changing; I'm actually doing something about it.	1	2	3	4	5
30. I am actively working on my problem.	1	2	3	4	5
Total of (3+7+10+14+20+25+30) Add in Each column Action / Participation(Ac)					
6. It worries me that I might slip back on a problem I have already changed, so I am here to seek help.	1	2	3	4	5
9. I have been successful in working on changing but I'm not sure I can keep up the effort on my own	1	2	3	4	5
16. I'm not following through with what I had already changed as well as I had hoped, and I'm here to change	1	2	3	4	5
18. I thought once I had resolved my problem I would be free of it, but sometimes I still find myself struggling with it.	1	2	3	4	5
22. I may need a boost right now to help me maintain the changes I've already made	1	2	3	4	5
27. I'm here to prevent myself from having a relapse of my problem.	1	2	3	4	5
28. It is frustrating, but I feel I might be having a recurrence of a problem I thought I had resolved.	1	2	3	4	5
32. After all I had done to try to change my problem, every now and again it comes back to haunt me.	1	2	3	4	5
Total of (6+9+16+18+22+27+28+32) Add in Each Column Maintenance Item(M)					

Divide total score of each group by 7 gives the average for each Group.

Readiness for change= (Ave C + Ave A + Ave M) - Ave PC

Compare the Readiness for change score to the following group means. Chose the stage whose group average is closest to the computed Readiness score.

Group Average for each Group: Pre-contemplation 9.3 Contemplation 11.0 Action or Participation 12.6 Maintenance Not Available

SBQ-R Suicide Behaviors Questionnaire-Revised

Instructions: Please check the number beside the statement or phrase that best applies to you

1. Have you ever thought about or attempted to kill yourself? Check one only
 1. Never
 2. It was just a brief passing thought
 - 3a. I have had a plan at least once to kill myself but did not try to do it
 - 3b. I have had a plan at least once to kill myself and really wanted to die.
 - 4a. I have attempted to kill myself, but did not want to die
 - 4b. I have attempted to kill myself, and really hoped to die

2. How often have you thought about killing yourself in the past year?
 1. Never
 2. Rarely (1 time)
 3. Sometimes (2times)
 4. Often (3-4times)
 5. Very often (5 05 more times)

3. Have you ever told someone that you were going to commit suicide, or that you might do it?
 1. No
 - 2a. Yes, at one time, but did not really want to die
 - 2b. Yes, at one time, and really wanted to die
 - 3a. Yes, more than once, but did not want to do it
 - 3b. Yes, more often than once, and really wanted to do it

4. How likely is it that you will attempt suicide someday?
 0. Never
 1. No chance at all
 2. Rather unlikely
 3. Unlikely
 4. Likely
 5. Rather likely
 6. Very likely

Total Score: _____

Score of 7 or More _____